Rebuilding from Resilience

Volume 1, Issue 6

October 2010

Bouzhoo! Bouzhoo!

In this issue, we will begin discussing different aspects of the research process and ... we have some good news!

The ethics application for the Community-led Reduction of Domestic Violence in Aboriginal Communities pilot project was submitted to the University of Ottawa Ethics Review Board (REB) in summer 2010. The REB requested updated information from CIET and from our community partners. The last of these documents have been forwarded to the university and we are now awaiting final approval!!!

The first round of communities, involved in this pilot, have all submitted their community protocols agreeing to participate. Shelters and community people have participated in training sessions on the research process and were involved in the development of the research instrument and tools including the questionnaire, consent, assent forms and information sheet for the project.

All of the first round communities have either begun the data collection phase or will be doing so shortly. The next training session is being planned for the New Year 2011 to develop community capacity for the data input and analysis phase.

Each week the shelter Directors and community based researchers have been meeting over Skype to stay in touch and update one another on progress. They have also been accessing our listserve http://groups.google.ca/group/advresilience?hl=en

Thanks to each of you for your continued patience as we work towards developing our own evidence based interventions by participating in this research!

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What is the purpose of the study?

The purpose of this study is to assist us in learning about how personal and community resilience can help reduce domestic violence in Aboriginal communities. Resilience is a person's ability to use their skills and strengths to cope and recover from problems and challenges they are faced with. Your involvement is important in assisting us to develop and evaluate effective solutions and interventions to reduce domestic violence.

Who is organizing and funding the study?

The study is organized by CIETcanada at the University of Ottawa in partnership with 13 Aboriginal communities and shelters. It is funded by the Canadian Institute for Health Research (CIHR) and Institute of Aboriginal Peoples Health.

Who is CIETcanada?

CIET, (Community Information and Epidemiological Technologies), is a non-governmental organization made up of an international group of professionals from

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a variety of disciplines, including epidemiology, medicine, planning, communications and other social sciences, who bring scientific methods and research training to the community level. By involving communities in the full research process, CIET helps them to participate, in an increasingly informed and meaningful way, in decisions that affect their lives.

Who has reviewed the study?

The study has been reviewed by the University of Ottawa - Health Sciences and Sciences Research Ethics Board.

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Resources:

http://whqlibdoc.who.int/publications/2009/978924159 8507 eng.pdf

The above document provides an overview of different briefings from the World Health Organization and Liverpool John Moore's University about evidence based violence prevention that focus on effective interventions.

The seven briefings look at:

- increasing safe, stable and nurturing relationships between children and their parents and caregivers;
- developing life skills in children and adolescents;
- reducing availability and harmful use of alcohol;
- reducing access to guns, knives and pesticides;
- promoting gender equality;
- changing cultural norms that support violence; and
- Victim identification, care and support.

Violence prevention: the evidence, an eight-part series of briefings on the evidence for interventions to prevent interpersonal and self-directed violence was launched in 2009 by the WHO. By spotlighting evidence for the effectiveness of interventions, **Violence prevention: the evidence** provides clear directions for violence prevention efforts.

For a searchable evidence base on interventions to prevent violence, please go to: www.preventviolence.info

For a library of violence prevention publications, including the other briefings in this series, please go to:

http://www.who.int/violenceprevention/publications/en/index.html

Violence destroys the lives of millions of people throughout the world....Yet, violence and its devastating impacts on individuals, families, communities and wider society can be prevented. www.preventviolence.info