

# Rebuilding from Resilience

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*Bouzhoo! Bouzhoo!*

*In this issue, we will begin discussing different aspects of the research process and ... we have some good news...the research will be starting soon!*

*The ethics proposal was submitted to the University of Ottawa in June 2010. The response requested updated information. These documents were forwarded to the university in July. Now that these documents have been submitted, we have all been waiting for the final approval!!!*

*The first round of communities, involved in this study, have all submitted their community protocols agreeing to participate in this study. Representatives of these communities have been actively participating in questionnaire development, reviewing and changing consent and assent forms, and revising information sheets for the project.*

*Some communities like Akwesasne have been developing brochures to distribute in their communities and have begun their first training so that they are prepared to hit the ground running once the project has full ethics approval*

*...and if you remember our last newsletter, we have been learning and using new technology.*

*The first round community representatives have been learning how to use Skype, and how to access our listserv*

<http://groups.google.ca/group/advresilience?hl=en>

*Thanks for your continued patience as we work towards developing our own evidence based interventions by participating in this research!*

## INSIDE THIS ISSUE

<b>1</b>	Greetings and Research Information Sheet
<b>2</b>	Violence Prevention Resources



*This will be an overview of selected aspects of the new information sheet that each researcher can use in their community.*

### What is the purpose of the study?

The purpose of this study is to assist us in learning about how personal and community resilience can help reduce domestic violence in Aboriginal communities. Resilience is a person's ability to use their skills and strengths to cope and recover from problems and challenges they are faced with. Your involvement is important in assisting us to develop and evaluate effective solutions and interventions to reduce domestic violence.

### Who is organizing and funding the study?

The study is organized by CIETcanada at the University of Ottawa in partnership with 13 Aboriginal communities and shelters. It is funded by the Canadian Institute for Health Research (CIHR) and Institute of Aboriginal Peoples Health.

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## Resources:

[http://whqlibdoc.who.int/publications/2009/9789241598507\\_eng.pdf](http://whqlibdoc.who.int/publications/2009/9789241598507_eng.pdf)

The above document provides an overview of different briefings from the World Health Organization and Liverpool John Moores University about evidence based violence prevention that focus on effective interventions.

The seven briefings look at:

- increasing safe, stable and nurturing relationships between children and their parents and caregivers;
- developing life skills in children and adolescents;
- reducing availability and harmful use of alcohol;
- reducing access to guns, knives and pesticides;
- promoting gender equality;
- changing cultural norms that support violence; and
- victim identification, care and support.

**Violence prevention: the evidence**, an eight-part series of briefings on the evidence for interventions to prevent interpersonal and self-directed violence was launched in 2009 by the WHO. By spotlighting evidence for the effectiveness of interventions, **Violence prevention: the evidence** provides clear directions for violence prevention efforts.

**For a searchable evidence base on interventions to prevent violence, please go to:**  
[www.preventviolence.info](http://www.preventviolence.info)

**For a library of violence prevention publications, including the other briefings in this series, please go to:**  
<http://www.who.int/violenceprevention/publications/en/index.html>

*Violence destroys the lives of millions of people throughout the world...Yet, violence and its devastating impacts on individuals, families, communities and wider society can be prevented.*

[www.preventviolence.info](http://www.preventviolence.info)

## Who is CIETcanada?

CIET, (Community Information and Epidemiological Technologies), is a non-governmental organization made up of an international group of professionals from a variety of disciplines, including epidemiology, medicine, planning, communications and other social sciences, who bring scientific methods and research training to the community level. By involving communities in the full research process, CIET helps them to participate, in an increasingly informed and meaningful way, in decisions that affect their lives.

## Who has reviewed the study?

The study has been reviewed by the University of Ottawa - Health Sciences and Sciences Research Ethics Board.

## Research Contact Information

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